

Karlene Elkin

Clinical & Consulting Psychologist MAPS
BBSc (Hons) MA (Cln Psych) G.Dip Bus. Org Change

Brief Summary

Karlene is an experienced senior executive, organisational consultant, clinical psychologist, and an executive coach who has had over 10 years experience in assisting individuals, groups and organisations.

Her expertise is in being able to capture what is happening for the individual & the organisation and offer practical solutions that lead to meaningful & lasting change.

Profile

Karlene began her work life as a clinical psychologist and then moved her focus to management, taking up a position as a senior executive of a private organisation for over 6 years. In this position, she was responsible for managing senior professionals, the development of new business programs, consulting around many change programs including the expansion of services, the closing down of services, EAP, critical incident management and coaching managers to access new competence.

Working as an independent consultant she is experienced in consulting to organisations in the midst of change and working towards resolution at all levels: the individual, group and organisation. Her particular areas of interest and expertise are diagnosis of organisational environments, assisting organisations around structural change programs, Executive Coaching, successful resolution of resistance and unhelpful workplace dynamics, and the development & delivery of training programs.

Karlene has coached senior leaders across many industries including accounting chemical, education, engineering, health, local and federal government, medical, media, not for profit, psychiatry, and telecommunications.

Karlene's style is both challenging and very supportive. She has a reputation for helping clients to access their competence with much clarity and humanness. Her work is collaborative in nature where she openly explores and generates answers together with clients. Her clients gain new techniques and insight, which enable them to more fully step into their role. Clients learn to recognise what maybe personally and/or professionally 'hooking them' into issues and how to take up new ways to manage. This change has a significant impact in inspiring others.

Qualifications

- Graduate Diploma of Business: Organisational Change and Consulting: RMIT, Melbourne 2005
- Master of Arts (Clinical Psychology): University of Melbourne 1997
- Bachelor of Behavioural Science (Hons): La Trobe University 1995
- Certificate IV Workplace Training

Professional Memberships & Registration

- Honorary appointment as a Fellow: Faculty of Medicine, Dentistry, and Health Sciences, University of Melbourne September 2006
- Australian Institute of Management
- Organisational Development Australia
- Member of the Australian Psychology Society (Clinical College)
- Registered Psychologist & Supervisor with the Victorian Psychologists Registration Board

Client List

Clients come from all sectors, and vary from small business to large corporates. Clients report that the impact of this work is profound in producing lasting and meaningful change.

Banking and Finance

CGU
Mercer
National Australia Bank

Education

Monash Children Services
University of Melbourne

Government

Museum Victoria
Department of Sustainability and Environment
City of Melbourne
City of Knox
City of Manningham
City of Casey
City of Hume

Media and advertising

Austereo Group

Medical

Eastern Health Network
Greater South Eastern Division of General Practice

Not-for-profit

The Lighthouse Foundation
Arafemi Victoria

Telecommunications

Telstra